



Camino da Geira e dos Arrieiros

Etapa Beariz-Codeseda

The Camino da Geira e dos Arrieiros begins in the province of Pontevedra, at Pico de Costoia, an ancient watchtower that separates the municipalities of Beariz and Forcarei. From there, a little over 33 km of moderate difficulty awaits us, allowing us to discover a fascinating inland region.

We begin the descent along a forest track for approximately 2 km to the village of Pardesoa and continue along the asphalt road to the 15th-century cross and church of Santiago de Pardesoa, where we can shelter from the rain and sun or get some water.

We continue for about 3 km to the village of Soutelo de Montes, which offers a wide range of services and accommodation and where we can visit the 19th-century shrines of the Virgen de las Angustias and the Concepción, typical of crossroads.

The route continues through the villages of Ventoxo and Acevedo and the Freixeira recreational area to Ponte Gomial, a 15th-century packhorse bridge over which we cross the Lérez River to begin a 4 km climb along a mainly forest path to the village of Mámoa, at an altitude of 700 m, which owes its name to the Iron Age necropolis.

We bid farewell to the parish of Castrelo and enter the municipality of A Estrada via the provincial road that will connect us with one of the landmarks of the route, the 18th-century Sanctuary of Our Lady of Guadalupe in A Grela.

From here, the route takes us on a gentle descent to Codeseda, where we end the stage in this village. Here we can rest and make use of local services while visiting its 12th-century church.



Etapa Codeseda-Rarís (Pontevea)

On this gentle stage, approximately 28 km long, we leave Codeseda from the 18th-century Crucero de la Feria and continue along the road to the bridge over the River Umia. Then, we follow rural tracks surrounded by oak groves and meadows to Tabeirós, where we can visit its peto de ánimas (a traditional Galician roadside shrine) and the Romanesque church of Santiago de Tabeirós, before stopping for refreshments at the local canteen.

We continue to the church of San Xiao de Guimarei and the 10-metre-high medieval tower, next to the ruins of the manor house of the same name. We are just 1 km from the village of A Estrada, where we can find all the services we need for the Camino and stroll through its modernist architecture and leisure areas near the town hall and the Plaza de la Farola.

We leave A Estrada behind and enter the Ulla valley via a gently sloping paved road that takes us to the 16th-century church of San Pedro de Toedo, preceded by a beautiful stone cross. Four kilometres further on, we come to the 19th-century chapel of Our Lady of Aránzazu and continue along traditional paths to the beautiful recreational area of Fonte do Barco, ending this stage at the Pontevea bridge over the River Ulla, a Cultural Heritage Site of medieval origin with six monumental pointed arches separating the provinces of Pontevedra and A Coruña.